

Gifts for Change



Gifts for Change

Food

Feed a child for a month	\$60
Feed an adult for a month	\$120
90kg bag maize	\$75
90kg bag beans	\$160
25kg Rice	\$30



Medical needs

Malaria tablets	\$10
Pain-killers	\$5
Antibiotics	from \$6
Steel crutches	from \$60
Jigger Treatment for a Child	from \$1
Children's Shoes	\$5
Mosquito net	\$7
Home Care Kit for new mothers	\$90



Jigger what?

Tunga penetrans (commonly known as a jigger or jigger flea) is a parasitic insect found in most tropical and sub-tropical climates. The Jigger flea commonly infects a persons feet and makes walking close to unbearable.

Give a Goat!



A goat can provide a family with 10,000+ litres of milk over its lifetime.

Its waste provides a fertiliser for crops and an income source.

When you give a goat you...

- Empower a family to lift themselves out of poverty
- Provide families with an ongoing supply of nutritious milk containing vitamins and minerals to help build strong healthy bones and support their overall health
- Help provide an income to families to spend on health and education

Give a goat today!

from \$60

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Schooling Needs

Boy's uniform - shorts & shirt	\$20
Girl's uniform - dress	\$15
Sweater	\$20
Socks	\$3
Shoes	\$30
Geometrical set	\$3
Exercise book	\$2
Pens	\$1 for 3
Pencils, rulers, rubbers	\$1 each



Farming Needs

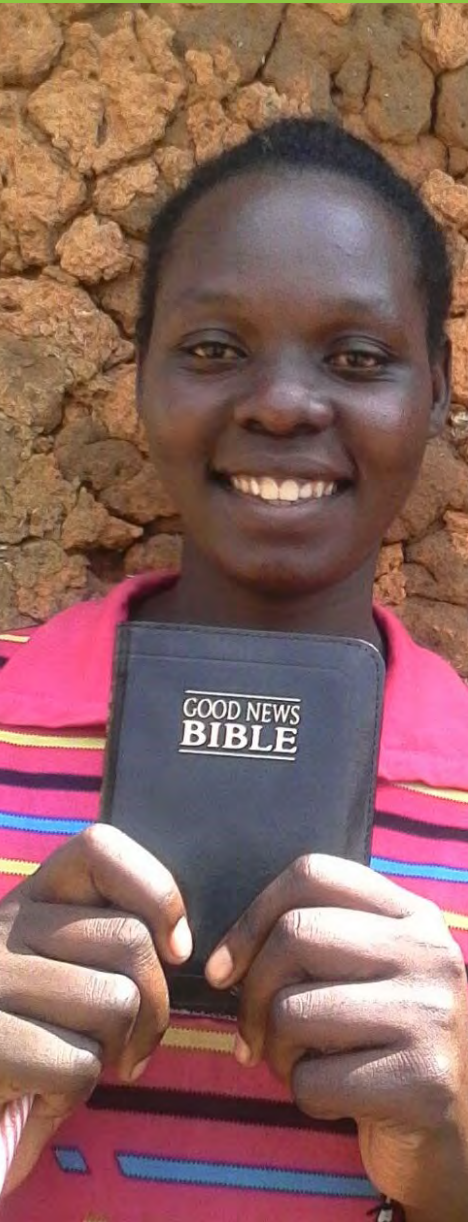
Digging Hoe	\$5
Dairy Cow	\$400 - \$500
Goat	\$60 - \$200
Seed	\$20 for 8kg
Fertilizer	\$40 for 50kg



General Needs

Small blankets	\$10
Medium blanket	\$15
Large Blanket	\$20
Mattress	\$45 - \$60
Bicycles	From \$150

Give a Bible!



There are millions of people in Africa without access to a Bible.

In the Western world we often take for granted how easy it is to access a Bible, either on a device or in printed form.

John Cairns Ministries works with many congregations who have limited access to the Word. There are even many villages who have never had access to a Bible in their language.

Help change someone's life by purchasing Bibles.

Bibles

English	\$15
Kiswahili	\$15
English/Kiswahili	\$25



To order your gift simply visit our website and look for Africa - Gifts for Change or our Resources page. You may also email your request to admin@johncairns.org with details of what you would like to purchase.

Thank you for choosing to support this life changing work!



We would love to hear from you:

Mail: PO Box 4138, Narre Warren South, VIC, 3805, Australia

Email: admin@johncairns.org

Web: www.johncairns.org

Facebook: John Cairns Ministries

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